



# Occupational Safety & Health Training

# Safe Work Practices for Confined Space Entry

It's better to lose one minute in life... than to lose life in a minute

**B**afco was established in 2007 to provide industrial professional courses and professional safety training Program to workers in the oil & gas, construction, and general industries.

**B**afco introduces its programs for beginner, intermediate, supervisor, professional and Manager Level.

**B**afco proud of its key personnel that bring 15 - 20 years experience to the classroom, achieving a reputable standing amongst training providers.

Our courses are developed by subject matter experts who are certified professionals in environmental health and safety in accordance with the most recent compliance regulations. We offer flexible solutions for any budget to companies needing environmental health and safety training







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## **Description:**

The hazards of confined spaces are not new yet every year many accidents occur which are unfortunately often fatal.

Entry into confined spaces for maintenance, repair or statutory inspections is a common task in industrial plants. Although a frequent event many accidents occur in confined space and unfortunately often fatal. These accidents occur because personnel are either insufficiently trained or have had their awareness blunted by experience.

The course encompasses the hazards, the stringent precautions, and the safe systems of work necessary as well as their practical application. The final day is devoted in bringing together all this knowledge in a table top exercise

#### **Benefits of course:**

- Efficient planning for confined space entry
- Time optimization in confined space entry work
- Confidence of the delegates that they are following best practices
- Confidence of personnel that all safety measures are being taken
- Elimination of accidents in confined spaces
- Gain a clear understanding of what is a confined space
- Become familiar with the hazards of a confined space
- To take all the necessary precautions before entering
- Be able to maintain the confined space as a safe place to work
- Familiarize the delegates with different methods of cleaning and isolation

#### **Course facilities:**

- ✓ Training room
- ✓ Printable Arabic/English handout.
- ✓ Data show
- ✓ Power point
- ✓ Video
- ✓ Flip chart
- ✓ White board
- ✓ Coffee/ snacks

#### **Materials and handout:**

Handout and power point presentations comply OSHA (Occupational Safety & Health Administration – labour department USA) Directorate of Training and Education centre-

www.osha.gov

#### Instructor:

Certified instructor from International organization for example IADC, OSHA, IASP campus, NEBOSH, ....and has Occupational Health and safety professionalism in National and international organization.

### **Major Topics:**

- Introduction
- Definitions OSHA Terminology
- Common confined spaces tasks and precautions
- Risk Assessment and JSA
- Work Permit Systems
- LOTO
- Chemical substances Hazards
- Atmosphere Gas Testing
- Administrative control
- Engineering control
- PPE Requirements
- Rescue Arrangements
- Personnel Training and Duties

#### **Certificates:**

Upon pass exam the student will earn passed certificate from KEPESCO.

Course Timing: 18:30 Hrs to 21:30 Hrs

Days: 2 days

Fees (include exam): Contact Us



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